

HUDDLE UP

FOR YOUTH ATHLETE MENTAL HEALTH

THE COVENANT HEALTH FOUNDATION,
COVENANT CHILDREN'S & REVOLUTION FÚTBOL CLUB

PRESENT KEYNOTE SPEAKER

John O'Sullivan

Author of the book *"Changing the Game"*

AND A DISCUSSION PANEL FEATURING

STEVE GOMEZ
LCU Women's
Basketball Coach

MIKEY MARSHALL
Owner and Coach
of Wreck Em U

ASHLEY CHEVALIER
Current Player for
Texas Tech Lady Raiders

TARIQ BAKKALI
Lubbock Matadors
Soccer Team

SUNDAY | JULY 17, 2022 | 3:00-6:30 P.M.

REDEEMER CHURCH | 6402 ELGIN AVE | LUBBOCK

Child Care Available for Parents Event From 2:45-5:00 P.M.

Doors Open | 2:30 p.m.

Parents Event | 3:00-4:45 p.m.

Mix and Mingle with Speaker and Athletes | 4:45-5:30 p.m.

Coaches Event 5:30-6:30 p.m.

Parents and coaches are an important part of life with every youth athlete. A healthy mind is just as important as a healthy body! Join us as we discuss ways to strengthen our relationships with our young athletes.



Scan this QR code to register
<https://bit.ly/huddle-health>